



***YOU ARE INVITED TO SHARE IN A
MEAL.***

AGAPE DINNER

***St. John's Parish Family will gather to
remember the meal shared by Christ and
His disciples.***

Thursday, April 9, 2009

Gather 6:00 pm in the Banquet Hall

Meal at 6:15 pm

Mass begins at 7:30 pm

Please bring a large side dish to share.

***Beverages, bread and meat will be
provided.***

REFRESH



body
mind
spirit

A Women's Morning

Saturday, April 25th

8:00 am - 12:15 pm

Continental Breakfast

Location: St. Christopher Church

Sponsored by:

St. Christopher Parish Health Ministry

and Basic Vitamins



Presentations Include:

Humor and Spiritual Life:

Mary Cummins Wlodarski, BS, MA

Your Body is Your Temple, Nourish it Well:

Kimberly Brubaker, MS, RD, LD

Managing the Ups and Downs of Hormones:

Kathryn Nelson, DNH, CFNP

Postpartum Depression: Hidden Suffering, A Door of Hope:

Debbie Ruxer, RN, MS, CNM

Cost: \$5.00

Name: _____

Address: _____

Phone: _____

Reservations by April 20, 2009

Drop in collection basket or mail to
Parish Office

435 E. National Road

Vandalia, OH 45377 (937) 898-3542